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WHEELCHAIRS

Patient / Caregiver Education Material

A wheelchair should provide easy transportation for those unable to walk on their own for long stretches of time, comfortable seating, and as much functional independence for the user as possible.

OPERATING INSTRUCTIONS

Folding and unfolding the wheelchair: To fold simply lift up under the center edge of the seat upholstery. To unfold, tilt the chair slightly to one side to raise the wheels on the opposite side off the floor, then press down on one or both seat rails.

Applying the wheel locks: Push forward on the lock tips, (or pull back on the “pull” to lock type), until the locks snap into the locked position. Do not attempt to enter or exit the wheelchair without first having the lock securely engaged.



Folding the footplates up into a vertical position: If the footplates are equipped with heel loops, these must first be pulled forward over the rear of the foot plates. The footplates themselves can then be folded up into the vertical position by lifting up on the inside edges of the footplates.

Releasing and swinging away the front rigging: Whether the wheelchair is equipped with standard footrests or elevating leg-rests, this procedure permits the user to make closer approaches for easier, safer transfers to beds, toilets, automobiles, etc. Simply activate the release mechanism and swing the front rigging around to the side of the wheelchair. While in this swing away position the front rigging can also be removed from the chair entirely by simply lifting it off. This removal will make lifting the chair or loading it into a car much easier for the caregiver.

From the swing away position the front rigging can be returned to the standard position by simply swinging it back to the front of the wheelchair. It will then lock automatically in the forward position.

If the front rigging has been removed from the chair simply replace it in the swing away position, then swing it back to the standard front position when required.

Elevating leg-rest adjustment: If the wheelchair is equipped with elevating leg-rest, the legs of the user can be elevated by simply lifting the leg-rest up to the desired position. To lower them

again support the leg-rest with one hand while activating the elevation release mechanism with the other, and then lower to the desired position.

Footrest length adjustment: The position of the footplate on either standard footrest or elevating leg-rest is adjustable to fit the user's leg length. The footplate should be adjusted to support the weight of the user's foot and lower leg in such a position that permits weight bearing by the thighs. A footrest adjustment that is too long will result in a line of pressure under the thigh, at the front edge of the seat upholstery. An adjustment that is too short will raise the user's knees and cause excessive weight to be born by the buttocks. Either situation increases the risk of pressure sores. The knees and hips of the user should be at approximately the same level. The lowest edge of the footplate must be at least two inches above the floor to provide safe clearance when negotiating ramps or inclines. This adjustment is made by loosening the adjustment bolts with a wrench, and telescoping the footplate in or out to achieve the desired position, then re-tightening the bolt securely.

Removing and replacing detachable arms: This feature permits lateral or sliding transfers to and from the side of the wheelchair for those users who are unable to stand briefly to transfer. Release the arm lock on the front receiver socket and lift the arm from the center to avoid binding. To replace the arm simply reverse the procedure. Attention to the location of the rear receiver socket will make replacing the arm easier.

Wheelchairs equipped with desk length detachable arms permit closer approaches to tables or desks. If it is occasionally desirable to have arm support farther forward on these models, this is easily accomplished by swapping sides and reversing the desk length arms. Please note: Reversing the arms without swapping sides will narrow the distance between the arms and could result in an accident. Wheelchairs with wrap-around or space-saver style arms can not be reversed.

If you have any questions or concerns regarding this education material or the Wheelchair, please contact our office. Thank you.